



Milwaukee Central Office Event

**“The Spiritual Journey of
Alcoholics Anonymous,
from Ohio to Wisconsin”**

Nancy S., past Area 75 Archivist will be providing a power point presentation with the start of Alcoholics Anonymous in Ohio and its journey to Wisconsin.

Date: Saturday December 8, 2018

Social Hour: 12:00pm to 12:55pm displays of A.A. history to be viewed

Presentation Time: 1:00 pm to 4:30 pm, ten-minute breaks during presentation

**Location: Christ the King Lutheran Church
1600 N. Genesee Street
Delafield, WI**

Coffee, Tea and Water will be provided.

Greater Milwaukee Central Office

“Welcoming Newcomers and Aiding AA Groups In Our Community.”

“BETWEEN-US”

VOL. 26 ISSUE 11

NOVEMBER 2018

**QUIET MIND VIA
PRAYER AND
MEDITATION**

Step 11: “Sought prayer and meditation to improve our conscious contact with God, asking only for knowledge of His will for us and the power to carry that out.”

Someone said: *“The only requirement for serenity is a desire to stop thinking.”* In early sobriety my rav-ing alcoholic mind was not the least fond of that cliché. It would run full speed ahead all day long and often deep into the night. It would run so fast, and confusingly, that I feared losing my new job at an antique store. Sometimes I felt it necessary to forego lunch and talk with my newly found AA friends at a nearby recovery club (26th & Broadway, in Santa Monica California). Often, as if by magic, I would be overtaken by an inexplicable calmness. Somehow, once inside, I felt safe in the mist of

(“Prayer” Continued on page 8)

**Conscious
Contact**

**A voyage of discovery, and
of growth.**

FOUR of us share a friend. She is very, very old and the most spiritu-ally-perfected soul that any of us has had the privilege to know. She views the struggles of AAs with compassion, understanding and hu-mor. She rarely gives advice but never witholds the wisdom which many years of full living have brought. She is the freest, happiest and, strangely enough, youngest spirit any of us has ever known, and it is of this friend we think when we try to understand the word serenity.

One night we were discussing the nature of prayer and meditation, and how difficult it was to establish any conscious contact with God, let alone define how “we understand Him.” We were also deeply con-cerned with “the wisdom to know

(“Contact” Continued on page 9)



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Greater Milwaukee Central Office AA
Profit & Loss, September 2018

Income

4000 · Literature Sales	8,329.52
4050 · Between Us	10.50
4070 · Contributions	7,887.14
4090 · Gratitude Boxes	114.62
4090 · Open Meeting/Dinner	500.00
4130 · Personal Contributions	79.00
4150 · Coffee, Candy, Soda	173.66
48900 · Shipping and Delivery	47.70
Total Income	17,142.14

Cost Of Goods Sold

4,961.30

Expense

51100 · Freight and Shipping Costs	36.00
6045 · Coffee, Candy, Soda	147.50
6050 · Credit card fees	110.18
6050 · Conferences	15.00
6330 · Insurance Expense	568.00
6500 · Office	3,143.47
6600 · Payroll	7,578.56
Total Expense	11,598.71

Net Income 582.13

<u>Account Balance</u>		<u>Total Income</u>	
Checking Account	11,961.39	Total Income	17,142.14
Savings Account	43,972.41	Minus Total COGS	4961.30
Prudent Reserve CD	163,805.25	Minus Total Expenses	11,598.71
		Equals Net Income	582.13

What is the Prudent Reserve?

The A.A. guideline document produced by A.A. World Services, Inc., suggests a prudent reserve for a central office or intergroup be fixed somewhere between one and twelve months' operating expenses. The prudent reserve is not available for everyday use. It is only meant for startup and twelve months of operating expenses, in an emergency

Meeting Space Available

- **Chase Commerce Center Bldg 28**, 3073 S Chase Ave at Oklahoma. Contact: craig.bergland@gmail.com for more information.
- **Christ United Methodist Church**, 5200 S 48th St. Greenfield WI 53221. Wheelchair accessible space available. Contact: Jo, 414-421-0202 or email: christumc1@sbcglobal.net
- **Galano Club-LGBT Friendly** at 7210 W Greenfield Ave. West Allis, has meeting space available for recovery groups. Plenty of free parking. Contact Deb S. at 414-759-7149 or Email: galanoclub@gmail.com

take these things into your own keeping. We ask that you guard them well for the future of Alcoholics Anonymous may much depend on how you maintain and support these life-giving Arms of Service.

Anticipating that you will happily accept this new responsibility, the Trustees, Dr. Bob and I propose *The General Service Conference of Alcoholics Anonymous*; a body of State

and Provincial representatives who will sit yearly with our Foundation Trustees as their traditional [guide](#). We have long considered and will soon present a detailed plan designed to bring this great change about.

Alcoholics Anonymous *has* come of age. It's a great Thanksgiving!

Reprinted w/permission AA Grapevine, November, 1950

OPEN HOUSE



WHEN:

Saturday, December 1, 2018, 10am – 12:30ish
AA Speaker: 11 am to 11:30 am

WHERE:

Milwaukee Central Office
7429 West Greenfield Ave,
West Allis, WI 53214

Shop and Enjoy 10% off all Non-AA Conference approved books and gifts, on December 1st, when you join us for our Open House

REFRESHMENTS • REFRESHMENTS • REFRESHMENTS

Welcoming Newcomers and Aiding AA Groups In Our Community

COME SEE YOUR MILWAUKEE CENTRAL OFFICE

MEET YOUR BOARD OF DIRECTORS

GREET YOUR FRIENDLY GENERAL OFFICE PERSONNEL

ENJOY FELLOWSHIP

SUGGESTIONS TO IMPROVE AA IN THE COMMUNITY ARE ENCOURAGED

AA Is Not Big Business

In gratitude, Bill explains a plan to preserve AA. . . but not to rule it!

THANKSGIVING is coming. And with it, Tradition Week. I never felt happier.

Our traditions are set down on paper. But they were written first in our hearts. For each of us knows, instinctively I think, that AA is not ours to do with as we please. We are but caretakers to preserve the spiritual quality of our fellowship; keep it whole for those who will come after us and have need of what has so generously been given to us.

We learned our lesson [about money](#) early. We feared organization lest we solidify and destroy ourselves as a *movement!* At the same time we faced the moral and humane obligation to make our [program](#) instantly available to all who asked for it. And they came in ever increasing numbers.

Yes, we've had need of money and we've had to [provide](#) services. But we've resolved never to allow either money or the management of our necessary affairs to obscure our spiritual aims. The same loving God whose Divine Wisdom has shown us that one desperate and shaky drunk, fumbling for a nickel to call for help, looms larger than any 'organization' we shall ever have, or need!

At Cleveland, July last, 7000 AAs set their approval to the Twelve Traditions of Alcoholics Anonymous. We took our destiny by the hand. Alcoholics Anonymous had grown up.

Three of those Traditions define the "Services" of Alcoholics Anonymous and outline our collective re-

sponsibility for them--management responsibility and money responsibility. The Tradition also says that our trusted servants shall never govern; that they shall always be directly accountable to those they serve.

Last month I broadcast to you the members of Alcoholics Anonymous--an urgent appeal. It was a plea that you take full money responsibility for your AA Headquarters--the Alcoholics Anonymous Foundation and its AA General Service [Office](#) at New York. We who work in your Headquarters are delighted with the result. Groups who never helped before have now done so. New groups, very small groups, institutional groups not really under any obligation, have made sacrifices. If this keeps up, our deficit at Headquarters will be a thing of the past. Never have I been so encouraged about the future of our Services. Your generous and responsible action makes a fitting setting for the news I am about to give you.

For twelve years, warmly aided by great friends, Dr. Bob and I have stood sentinel over your Headquarters. We have been holding these valuable assets in trust for you--your General Service Office, your book "Alcoholics Anonymous", your principal magazine *The A.A. Grapevine*, your public relations, your common funds. We have never asked you to take any direct responsibility for them. But times have changed. Alcoholics Anonymous is now grown. Its founders are perishable. We cannot be your guardians always.

So the hour is come when you must

(Continued on page 23)

Groups represented 7, 22, 23, 48, 74, 100, 124 Our Gang, 132 Women, 140 Shorewood, A New Awakening, Another Chance Tuesday Night, Badger Gp, Big Book Readers, Brown Deer Monday Night, Butler Sunday Night, Common Solutions, Early Bird Roger's Memorial, Just Do It, Key To Recovery Open Meeting, Mayflower Gp. Monday Night Women's Waukesha, New Beginnings Oconomowoc, North Prairie Gp, Oak Creek Friday, Pick-A-Topic Gp, Restore Us To Sanity, Saturday Morning Big Book, Saturday Morning Womens Freedom, Spiritual Solutions, Stepping Into Promises Women, Stop For A Quick One/Step, Sunday Night Grapevine, Sussex Friday Night Action, Terrific Tuesday Big Book, TGIF Menomonee Falls, There Is A Solution/Pewaukee, Thinking Outside the Bottle, Treat Yourself Tuesday, Trust Through Fellowship, Tuesday A.M. Big Book/12 & 12 Study, Tuesday Night Grapevine, Tuesday Night Mukwonago, Wanderer's, Way of Life, We Need Sanity, When All Else Fails, Women's 12 x 12 Gp, Women's Freedom. I'm sorry if I have missed anyone that was in attendance.

Nancy S. opened the meeting at 7:00 p.m. with a moment of silence followed by the Serenity Prayer.

Bank Balances on page two.

New secretaries introduced themselves, and made announcements.

ALL MEETINGS listed in our meeting directories should routinely contribute to the AA Service Entities; Milwaukee Central Office 50%, GSO in New York 30% and Area 75 Committee 10% and to your Districts 10%.

Renew Between-Us subscriptions now. \$9 yr. for 3 copies/mo. or \$18 yr. for 6 copies/mo. All subscription run through December. **NEW subscriptions welcome.**

BIRTHDAY CLUB! We celebrate birthdays, and we'd like to help you celebrate yours! Send us a donation of \$1 for each year - or more if you'd like - and we'll print your birthday in the Be-

tween-Us Newsletter. Include your Home Group, and we'll print that too! Just fill in the form found on page 6 of this newsletter.

Volunteers are needed for the helpline, some overnight and some Saturdays (9-1 or 1-5). Also, some in-office hours available now. You need to have at least 1 year of sobriety, a Home Group and Sponsor. Call Nancy or Dan.

Guest Speaker: Glenn G, spoke extensively about the annual Holiday Alkathon in Bay View United Church. Flyers available for information.

Central Office Fall Fling is set for Saturday October 27, 2018. Tickets are on sale now for \$25.00. This event will be held at the Elk's Lodge #46, 5555 W. Good Hope Rd. Dinner will be an "Italian Buffet" with meatless options. Tickets available through the Central Office 414-771-9119.

The meeting closed with the Lord's Prayer at 7:20 p.m.. Next meeting is Tuesday September 11, 2018 at 7 p.m. Next Board of Director's meeting is November 14, 2018 at 6:30 p.

Deaf Access Committee (DAC) September 2018

Balance: \$5,076.48
Contributions: \$ 749.48
Interpreter payments: \$ 560.00
Misc. Expenses: \$ 0.00
Leslie P. with questions: eclvr@wi.rr.com

ORIENTATION for GSR'S

Second Tuesday of each month, 6:30 p.m. prior to the secretary's meeting, at the Milwaukee Central Office. Call before you come 414-771-9119

DISTRICT MEETINGS

DISTRICT INFO ON THE WEB:

<https://www.area75.org/page/districtmeetings>

1. JACKSON, LaCROSSE, MONROE, VERNON, & TREMPLEALEAU; 2 & 18 GREEN LAKE & MARQUETTE CNTY'S & PART OF WAUSHARA; 8 & 30 ROCK ; 9. CRAWFORD, GRANT, IOWA and LAFAYETTE; 19 & 37. RICHLAND & SAUK; 20, 21 & 26 DANE; 31. COLUMBIA CNTY; 35. GREEN; 37. JUNEAU CNTY'S

(Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY 2nd Tue. 7:30 p. Feb. Apr. June. Aug. Oct. and Dec. only, Walworth Alano Club, 611 E. Walworth St., Delavan

7. KENOSHA CNTY 3rd Sun. of month, 4:00 p., Kenosha Alano Club, 630 56th St.

10. Spanish District. Contact: Salvador G. at 414-446-0158. Meets every 2nd & 4th Sunday 9 a.m. to 11 a.m. 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,

12. WASHINGTON CNTY 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln., Jackson, WI. 53037

13. WAUKESHA CNTY (1 of 3) 1st Sun. of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY (1 of 6) 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., P.O. Box 13011, Wauwatosa WI 53226

16. MILWAUKEE CNTY (1 of 6) 1st Wed. of month, 7:00 p, Milw. Central Office, 7429 W Greenfield Ave.

17. RACINE CNTY (1 of 2) 3rd Sun. of month, 1:00 p, Grove Club, 1037 Grove Ave., Racine

23. DODGE CNTY 1st Wed of month at 7:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY 3rd Tue. of month, 6:30 p., Peltz Center for Jewish Life, 2233 W Mequon Rd. Mequon

25. FOND du LAC CNTY 2nd Tue. of month, 6:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac

27. MILWAUKEE CNTY (1 of 6) 3rd Wednesday of month, 7:00 p.m. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee WI 53222

28. MILWAUKEE CNTY (1 of 6) 1st Mon. of month, 7:00 p, Bay View United Methodist 2772 S Kinnickinnic Ave. Bay View, WI 53207

29. MILWAUKEE CNTY (1 of 6) 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. WAUKESHA CNTY (1 of 3) 4th Tuesday of month, 6:30 p, Bethlehem Evangelical Lutheran Church, 470 Oak Crest Dr., Wales WI.

34. WAUKESHA CNTY (1 of 3) 1st Tue. of month, 6:30 p, Northwest Alano Club, N88W17658 Christman Rd., Menomonee Falls

36. RACINE/KENOSHA (1 of 2) 2nd Tues. month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington

38. MILWAUKEE CNTY (1 of 6) Last Sunday of month 4:30 p.m. All Saint Cathedral, 818 E Juneau Ave.

SEND ADDITIONS AND CORRECTIONS TO:
7429 W. Greenfield Ave, West Allis, WI 53214,
dan@aamilwaukee.com

2 Bucks In The Basket... Make it a Reality, not just a dream!



"Every AA group ought to be fully self-supporting, declining outside contributions."

Tradition Seven, Twelve Steps and Twelve Traditions,
Reprinted with permission AA World Services, Inc.



Give freely of what you find and join us...

Group 22 Annual Candlelight Gratitude Meeting

Wednesday Nov. 21st 2018 at 8:00 p.m.

**Underwood Memorial
Baptist Church
1916 Wauwatosa Ave.**



(76th St. & Hillcrest Ave, Wauwatosa)

Fun, food and Fellowship. Please join us in this Thanksgiving Gathering.

HEARD AROUND THE TABLES:

Heard in a meeting . . . A long-timer shared that she had prayed for something and God had answered her prayer. Someone in the meeting asked her how she knew it was God that answered her prayer and the long-timer replied, "Because I didn't ask anyone else!"

Heard from someone coming back from a slip: "Life got too good and it all started with - 'I think I'll skip the meeting tonight!' "

Spirituality and Money

"While the work of the group treasurer often involves many details, it is important to remember that the money the treasurer oversees serves a spiritual purpose: it enables each group to fulfill its primary purpose of carrying the A.A. message to the alcoholic who still suffers. This is the fundamental work of A.A. and to continue it the group must keep its doors open. The group treasurer is an important part of this Twelfth Step work."

CORRECTIONAL INSTITUTIONS

WAUPUN CORRECTIONAL INSTITUTION
AA Meeting Sat. , 8:00a.m.-9:30 a.m. Dale C. 920-387-4229 after 5 p. clearance.

MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI.

MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI.

MILWAUKEE SECURE DETENTION CENTER, 1015 N. 10th St. Milwaukee

Milw Women's Correctional Ctr. 615 W Keefe Ave. Milwaukee

FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933 Closed meetings Tue. & Fri. from 6:00 -8:00 p.m.

JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI, Mtng. held on Mon. at 7:00 p.m., Contact: Scott N. 920-397-0170

RACINE CORRECTIONAL INSTITUTION for MEN Mtngs: Sun. 8:30 AM, Dane Rx Unit; Wed. 7:00 p. and two meetings on Thursday at 7:00 p. English and Spanish. Call Paul H. (262) 537-2884

TAYCHEEDAH CORRECTIONAL, Meetings are held every Tuesday, 5:45 -7:30 p.m., Gloria K. (920) 921-2395

FEDERAL CORRECTIONAL INSTITUTION, P.O. Box 1085 Oxford, No Meeting!

FEDERAL CORRECTIONAL Satellite Camp, New Path Group, P. O. Box 1085 Oxford, WI. Meetings Wed. at 1:30 p.m.

OAK HILL AA GROUP, OAK HILL WCI 5212 Hwy M, P.O. Box 140 Oregon, WI 53575 Meetings Wednesday at 7:00 p.m. and Sunday at 6:30 p.m. Contact: Rick B. (608) 235-5154

THOMPSON FARM, RT. 2 DEERFIELD, WI., Closed meeting Tuesday at 8:00 p.m. Contact: Tom Dickert, (608)764-5755

ROBERT ELLSWORTH CORRECTIONAL, 21425A Spring St., Union Grove, 53182 Call for AA Meeting times: Contact Jennifer H. 262) 237-1294 or Cheryl P. (262) 914-3970.

KETTLE MORAIN CORR., Box 31, W9071 Forrest Dr., Plymouth, AA Thr. at 6:00 p.m. Contact Mike L (920) 898-4782.

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets at 6:30 p.m. on the 2nd Monday every odd numbered month at All Saints Cathedral, 818 E. Juneau, Milwaukee, WI 53202.

Donations should be sent to: **MCCC, PO Box 270544, Milwaukee WI 53227-0544.** Call coordinator: Kôta at (262) 385-3443, email: mcccocoordinator@gmail.com w/

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

Area 75, Southern WI, Calendar of Events 2018

Madison Senior Center (MSC), 330 W. Mifflin St., Madison, WI, except where otherwise noted.

Area 75 Conference

November 2-4, 2018 Wisconsin Dells, WI

Area 75 Conference & East Central Regional Conference

October 18-20, 2019 Milwaukee, WI

- **Milwaukee Central Office:** 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com
- **Area 75 Treasurer:** PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- **General Service Office:** G.S.O., P O Box 459, Grand Central Station, New York, N.Y. 10163
- **Area 75 Corrections, Bridging the Gap and Treatment write to:** PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- **Milwaukee Deaf Access Committee:** www.milwdac.org; Email: MilwaukeeAreaDeafAccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

Central Office Contributions September 2018

89 Groups Contributed Thank You!!

Group Name	Group #	Amount
#008 Same & Sober	12713	62.40
#015 TAL Gp	12000	120.00
#018 SAM 8:00 P.m.	114294	200.00
#054 -Huntillis	139055	25.00
#074 Gp	159942	100.00
#037 Early Rsears	119029	9.00
#153 Gp	132869	50.00
#162 and More	707675	220.95
11th Step Open AA Meeting	WAAK-46	60.00
24-H Club Mon Sat 8:30 a.m.	711522	60.00
A Vision for You Big Book Study	875262	200.00
About 10	449099	50.00
ARC Tue Night	867103	60.00
Attitude of Gratitude	416128	25.00
Big Book and 12 Steps Gp	715113	125.00
Big Book Readers	671905	60.00
Big Book Study Promise View	720616	60.00
Brookfield Unity	114195	60.00
Brown Deer Man	40227	50.00
Came To Believe	871729	60.00
Came To Believe (3ay)	MILL-AT7	50.00
Contr. Back	863006	60.00
Conscious Contact Discussion	718690	30.00
Customer	119518	9.67
Cross Roads Gp	624742	25.00
District 13	132470	60.00
Early Bird Rogers Memorial	2850	28.50
Early Bird Sun. Lake Area Club	27200	272.00
East Troy Wed Night	122903	160.00
Eve Canner	803117	45.00
Fellowship of the Spirit Gp Steps	887104	50.00
First Step	653840	60.00
Fri Noon 12 & 12	MILL-FB	106.62
Get A Life	MILL-WM	25.00
Geot Hope Sun Night	443910	25.00
Geot Hope Tr Night	443642	25.00
Grasshopper Trk Fri 4:30 p.m.	MILL-FW	12.00
Green Lake Reun-up	139900	1.1250
Group Group	877293	60.00
Happy Hour Step -Pass It On Club	853369	60.00
Hardford Cr The Hill	126033	40.00
Hartford Women's Big Book	867096	50.00
Helping Hand	119623	60.00

Central Office Contributions September 2018

89 Groups Contributed Thank You!!

Group Name	Group #	Amount
Honesty Plus Pass It On Club	636099	60.00
Into Action Sun Morning	616958	100.00
Into the Books	WAAK-W/3	80.00
Jim's Sun Night 1st Step	719663	60.00
Keep It Simple Men's	610707	84.00
Lake Geneva Kristen Table	125465	25.00
Love and Tolerance Big Book Study	643730	84.00
Mon Independence	MILL-MH	114.00
Mon Night Procrastinators	OZK-1A	234.00
Never Give Up Womens Gp	703134	25.00
New Beginnings Milwaukee	120519	150.00
Oak Creek Tue 10:00 a m	144822	50.00
Openhouse Fri Night	120052	100.00
Participation Open Meeting	118724	164.53
Random Lake Step cpe	718300	46.00
Reality Group	144328	41.45
Reflections Gp	604530	150.00
Sat Mon Gp 10:00 a m	139045	120.00
Seeds of Recovery/Steps	MILL-MM	22.55
Seventy Gp Hand	WAAK-R1	256.80
Service Manual Study		8.00
Sober Living Big Book Study	MILL-W4	25.00
Sun Morning Big Book	130626	60.00
Sun Morning Haritor Gp	164282	60.00
Sun Night Men s Waukesha	128959	150.00
TG F Menomonee Falls	131860	77.40
TG F Fri Noon Waukesha	128466	30.00
Thinking Outside the Bottle	719338	60.00
Tr. Success Step	MILL-RE	108.65
Trce Legacies	169268	72.00
Traditions 1st	MILL-TV	28.15
Trust Through Fellowship	719337	38.66
Tue Reflections	7662	75.62
Waivea Promise Discussion	MILL-TH	24.43
Waukesha Sun Night	164804	150.00
Wed Night Men's Meeting	693905	125.00
Wed Noon Lunch Bunch	890831	121.89
WELL Gp W/ve Enjoy Living Life	117448	121.67
West Bend Tue 10:00 a.m.	114446	210.00
Womens Big Book	897639	146.00
Womens Wed 5:30 p.m	704135	30.00
Written For Us	717556	60.00

TOTAL \$7,887.14

All the groups listed in your When and Where should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours!
Send us a donation of **\$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter.
Include your Home Group, and we'll print that also!

All request must be by the 12th of the previous month.
Late arrivals will appear the following month.

Just fill in the form below and mail, with your donation, to:

Payable to: "Greater Milwaukee Central Office"
Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



\$ _____ enclosed.

I will have _____ years on _____ / _____ / _____ .

Name _____

Address _____

City _____ State _____ Zip _____

Phone: () _____ - _____

Email: _____

Home Group: _____

AA's messages of Experience, Strength & Hope

Fabulous Group 44



Announces Our 53rd
Annual Open AA Meeting!!

Speakers
Houston S. & Edgar B.

Wednesday December 5th, 2018 | 7PM

Food, Refreshments & Raffle

Our Saviors Lutheran Church • 3022 W. Wisconsin Avenue • Milwaukee, WI 53208

"BETWEEN-US"

To share, to strengthen, to deepen the Fellowship experience
 published monthly by Greater Milwaukee Central Office, Inc., 7429 W. Greenfield Avenue, West Allis, WI 53214 (414)771-9119

Current subscription holders please note: If you do not renew by December 15, you will not receive the January issue. Please renew or subscribe early to avoid missing any issues.
Please Pay Now!

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INDIVIDUAL SUBSCRIPTIONS: \$9.00 per year for 3 Copies per month.

GROUP SUBSCRIPTIONS: \$18.00 per year for 6 copies per month.
 Add \$9.00 for each additional 3 copies.

A subscription to the Between-Us would make a nice gift for someone who cannot afford an individual subscription. Or if your group does not have funds available an individual could subscribe in the group name (help carry the message).

Reading the Between-Us is a nice way to keep in touch with activities in the local community. Don't be left out. Subscribe Now.!

This form or facsimile should accompany your payment. Mail or return to:
 Milwaukee Central Office, 7429 W. Greenfield Ave., West Allis, WI 53214



AA Groups Need Your Support

- **Mondays at 7 p.** Group 29, St Catherine Church, 5101 W Center St, Milwaukee WI 53210
- **Tuesday 8:30 a.m.,** Home At Last, 6705 Northway, Greendale, WI (men and women welcome)
- **Wednesday 11 a.m.** Gp10-17, St Veronica's 353 E Norwich, Milwaukee 53207
- **Wednesday 6 p.m.** Women's Big Book, Martin Luther Church, 9235 W Bluemound Rd. Milw. 53226
- **Wednesday 8 p.m.** Menomonee Falls, Gloria Dei Church, W180N7863 Town Hall Rd. 53051
- **Thursday at 12:15 p.m. and Wednesday 5:30 p.m.** St. John's Cathedral Complex, 831 N. Van Buren St. Milwaukee 53202
- **Thursday 8:30 p.m.** Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave, 53213
- **Friday at 7 p.m.,** NCIC Gp 24, NCIC Church 2328 W Capitol Dr, Milwaukee WI 53206
- **Friday at 7 p.m.** First Things First, St Margaret Mary, 3930 N 92nd St. Milw 53222
- **Friday 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw. 53226
- **Friday 8 p.m.** Candlelight, St Anskar Episcopal, N48W31340 Hill Rd Hartland WI (Hwy's 16 & 83)
- **Saturday 11 a.m.** Big Book, St. Pius X Church, 2506 Wauwatosa Ave. Wauwatosa WI 53213

(“Prayer” Continued from page 1)

that AA spirit we all know so well. Who needs lunch anyway!

But back to work during the afternoon my mind would resume its attack. What to do? I had learned a spiritual tool that I still use quite often today. I would pray: “Be still and know that I am God.” Somehow, and I have never understood why, that simple statement had an immediate calming effect; albeit often short lived, it was welcome, indeed! The Big Book tells us that we have a “Great Reality deep down within us” (God). My concept of this is that God is telling my whirling mind to quiet down. Who knows? But it worked then and still does today—great tool!



cartes, is often quoted: “I think, therefore I am.” However, I am coming to believe that Bill Wilson’s “Great Reality deep within” (p. 55) is like a great over-self that I can utilize through prayer and meditation to bring peace and serenity into my daily life. Actually, by living the Twelve Steps of AA, I have a certain control over my mind when it goes all cat-a-wampus.

Step Eleven tells how to find calmness, before going to bed at night, by having a reflective sort of meditate before going to bed at night and asking God for forgiveness (p. 86). How to prepare or day in the morning and how to remain spiritually fit (calm) throughout the day. Read Eleventh step promises on page 88.

Bob S.

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The French philosopher, René Des-

Deep Blue Silent Mystery

Like the flow of the river where he took his first drink, he followed his search, which led him to AA.

I remember what it was like as a young boy, waking up on those summer mornings with that wonderful feeling of excitement. I would bounce out of bed and run outside into that world of a thousand new adventures. The screen door slammed behind me and I was off. I raced down the riverbank and through the sweet-smelling cottonwoods to that deep blue silent mystery, the river.

Rushing out of the western peaks of the Bitterroots, the river danced and sparkled through the mountain forests and slowed and deepened as it meandered through the widening valley. The river looped the valley bottom as it flowed through the center of every-

thing in my world.

I took my first drink on the banks of the river and my life soon flowed out of that valley and into the world beyond, through college and jobs and graduate schools and degrees, as well as two marriages and two sons. As the years flowed by, alcoholism drained life from me, along with that boyhood sense of wonder and adventure. I descended into the alcoholic desert that became my life.

Unfortunately, my journey was filled with just enough milestones and accomplishment to blot out the truth of my condition, so I could lie to myself

(“Thanksgiving” Continued on page 10)

Come Support the Tuesday 6 p.m. Grapevine Meeting

We read & discuss a different AA Grapevine article each week. A first-step mtg. is offered.

Peace United Methodist Church
(lower level)
12860 W. North Ave., Brookfield

(Enter the basement multi-purpose room through the door on the lower parking lot side)



Monthly Central Office/ Intergroup Meeting!

Milwaukee Central Office
7429 W Greenfield Ave
West Allis, WI 53214

Second Tuesday of Every month, at 7:00 P.M. ALL group Secretaries are encouraged to attend.

There is a New GSR orientation, at 6:30 P.M., call to give us a “heads up” if you are a new GSR, and want to attend the orientation. 414-771-9119.

Looking for a **NO Nonsense STEP Meeting**, Look no further.

Come check out our **TUESDAY NIGHT STEP MEETING**

at **San Camillo** in Wauwatosa

Tuesday Nights at 7:00 pm

10200 W Bluemound Rd Wauwatosa, WI 53226

Main Entrance on Bluemound Rd.



**ASL
Interpreter**
Available: Meeting for Deaf and Hard of Hearing, Tuesdays 7:00 P.M., H.O.W To Club, 8930 W National Ave. West Allis WI 53227

SERVICE MANUAL STUDY
Meets 2nd Thursday each month at 6:00 p.m.
Milwaukee Central Office
7429 W Greenfield Ave
West Allis WI
Find out more about the AA Service Manual. Study group is open to any AA member whether currently active in AA service work, or not.
Contact: Nancy H at 414-801-5184 with questions.

Spanish Speaking Meetings: Meeting at English Speaking Clubs

- GRUPO 5 CONCEPTOS, Pass It On Club, 6229 W. Forest Home Av, Milw, on Saturday at 8:00 p.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Wauertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

2018 Weekend Retreats
Jesuit Retreat House,
4800 Fahrwald Rd. Oshkosh,
WI 54901, call 800-962-7330
jesuitretreathouse.org

Men and Women members of
AA, Al-Anon

Total cost: 4 days \$390.00. Send a \$50.00 deposit with requests for specific dates to retreat house or call for info.

Men: Nov 29 - Dec 2, 2018.

Women: Nov 8-11, Nov 15-18, 2018

Redemptorist Retreat Center, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: rrc@redemptoristretreat.org Please call for reservations. AA and Al-Anon, \$250 three nights. Members of Alcohol Anonymous and Al-Anon as we discuss the 12 steps and related topics.

MILW. CENTRAL OFFICE

- **E-mail us at:**
gmco@aamilwaukee.com
- **Hours: M, W, Th, Fr** 9 a.m. to 5 p.m. **Tuesday** 9 a.m. to 6 p.m., (until 7:30 p. on 2nd Tues. each month) **Sat.** 9 a.m. - 1p.m.
- **G.S.R. Orientation,** 2nd Tuesday 6:30 p., call first.
- **Secretary Meeting,** 2nd Tuesday 7:00 p.
- **Board of Directors Meeting,** Wed. following Secretaries Meeting, (odd numbered months) 6:30 p.
- **A. A. Meetings,** Mon - Fri at 12:15 p. & 4:00 p., Sat. 9:15 a., & 10:30 a.
- **Service Manual Study:** 2nd Thurs. of month at 6 p.m.
- **Dist. 14,** 4th Wed. at 7 p.m.
- **Dist. 16,** 1st Wed. at 7 p.m.
- www.aamilwaukee.com

(“Contact” Continued from page 1)

the difference"--how to tell when it was God's will in order that we *could* carry it out. We knew only one person who walked in intimate and daily perception of God and so we decided to put these questions, with their troublesome perplexities, to our old friend. She wrote us an answer we feel we must share: "In any concept of self the ego speaks first and it is difficult to separate the two. Only when as complete a communion as is possible can be achieved between God and the self can we be sure that the self which guides is the God-self and not the human ego. Through meditation and prayer we can put ourselves in a spiritual frame of mind which gives us freedom to act in a way which is in harmony with life and our relationship to it. 'Relax and know that I am God' or, rather, 'be still and know that I am God,' is the state of consciousness to be attained and then, in the stillness, the answers will come and we can know in surety and peace that our actions are the right ones for that moment in time. Consciousness shifts and what may be right for one moment is not necessarily right for the next. A continuous searching for a relationship and communion with God is necessary so that the human ego and mind does not interfere and so that past learning and experience does not block the fulfillment of our real wish to be and act as God inspires.

"Our concept of what God is determines our relationship to Him. If we think of Him in a limited way He will bring about limitations in our lives. Seek always to broaden your concept of God, and as your spiritual horizon widens you will find unheard of, and hitherto unthought of, depths of consciousness in which life's true meaning will become apparent, not through conscious thought but through the deepest kind of feeling. It is this that we must look for and continue increasingly to pursue. It is easy to be lazy and to forget the search in the excitement of daily living. Turn always to the highest and it will begin to reflect itself in your life now.

"It is necessary to take time for meditation in the morning and at night. It is not possible to extend oneself into a spiritual realm which is beyond human understanding, at first. It must be done gradually.

"Above all, find the time for it. It can be found with conscious effort. As these feeling-meditations become more meaningful, it won't be necessary to ask you to find or take the time. You will give this freely, as the experience justifies all sacrifice of action in the daily world as we know it. This doesn't mean that it is necessary to retreat and practice the discipline of mystics but it does mean that some part of each day must be given to conscious communion with your present concept of God. This very communion will heighten your consciousness of Him and deepen your relationship to Him.

"It is, as I have said before, a matter of experience. It cannot be counterfeited and it will become the true reality of your life. All daily human activities and contacts will have a deeper meaning as a result, and life will seem immeasurably richer; but it will not come from *no* effort. It must be sought after and pursued as the hound of heaven. Do not falter in this search; the rewards are the Kingdom of Heaven on earth.

"I am at peace in the knowledge that my consciousness now is that of God; in other words, I feel myself as one with all knowledge, all wisdom, all love, not that I am all knowledge, all wisdom, all love but that my being, is an expression of God's. It is a feeling-thing, and unless it is experienced it does not do much good to talk about it; it lies in a realm beyond thought. If it comes to you it will be in feeling and not in a revelation of the intellect. It expresses itself as peace and happiness. You yourself will know when it comes."

-- B. T.
Minnesota

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November, 1961

(“Thanksgiving” Continued from page 8)

about my descent into that “dark night.”

Morning-after terrors became my regular predawn visitors. Every day I woke to questions. Where had I left my car? Did it have any dents? Where had I been when I blacked out last night? Had I insulted anyone? Would my [boss](#) be waiting for me at the [office](#) door with a litany of embarrassing scenes of another drunken debacle?

Hopeless, I trudged on, till one day I looked across the Thanksgiving dinner table at my alcoholic aunt, whom the family could no longer pretend was not an alcoholic. She had “wet-brain.” Parts of her brain had been destroyed by alcohol. As I watched her stare, unfocused as the drool dripped down the side of her mouth, I found my hand pull back from reaching for another drink. In my mind, I said a spontaneous and heartfelt prayer, “Oh please God, don’t let me die like that.”

Two weeks later, my aunt died drunk on her kitchen floor. That very same night, 3,000 miles away, I found the Big Book in a tiny Athabascan Indian village on the Yukon River in Alaska. I opened the book and [read](#) about the “mental twist” and realized I had stumbled onto the answer to my prayer two weeks earlier. Someone else understood my experience: They’d lived the insanity of my life, but they had survived and written this book that described their journey out.

The next two days of my life were

beyond amazing, filled with a series of miraculous “coincidences” that drove home a complete understanding of my condition and the wonder of the solution of AA.

That was many years ago. Along the way of my recovery, I have often puzzled over a question that kept coming back to me. I often felt remorse over the effects of my alcoholism on those closest to me. If my Higher Power saved my life, where was it during the 17 years of my drinking and destruction?

Was I all alone on that journey? Did alcohol [create](#) a shield that kept that Higher Power from helping me earlier? Was I alone those years? Had it abandoned me? Had I

chased it away?

I had struggled with these questions for years. But recently, I discovered the answer as I was looking through a box of books and papers I had been lugging around with me since college.

I pulled out a paper I had written [in college](#) 30 years earlier that I had titled “The Disease of Loneliness.” The title struck me because I had said that same phrase in an AA meeting a few days earlier, but I had added an important word. I had said, “Alcoholism is the disease of loneliness.”

Memories swept across my mind as I dug deeper into that box. I found so many connections as I saw a pattern emerging in the desperation in the letters and notes I’d kept in that box. I could see that I had been searching for answers and a way out of the horror of



(Continued on page 11)

Friday at 7:00 p.m. NCIC Church, 2328 W Capitol Dr, Milwaukee WI. (open speaker on 2nd Fridays)

Saturday 7:30 p.m. 7210 W Greenfield Ave, West Allis 53214

DISBANDED GROUPS

HOW It Works, Monday 7pm, met at Oak Creek Centennial Church, 8853 S Howell Ave, Oak Creek.

Candlelight Grat. HOW To Club Sat. 10:30 pm

OTHER CHANGES

11th Step Candlelight, previously at “Hummingbird Center” **NOW meets at Lutheran Church of Great Spirit, 3127 S Howell Ave, Mondays at 6:30 p.**

Shorewood Gp at Kingo Church 8 pm Tuesdays **MOVED** to Christ Church, 5655 N Lake Dr Whitefish Bay still Tue at 8 pm.

Impaired Professionals Tuesday 7:30 p. formerly at Roger’s West Allis, **NOW meets at Holy Trinity, 11709 W Cleveland Ave, West Allis Tues. at 7:30 p.**

Tues Meeting for Deaf and Hard of Hearing, moved to HOW To Club 8930 W National Ave, and now starts at 7:00 p.m.

Tues Night Hales Corners Step/Topic, 12300 W Janesville Rd, Hales Corners...previously at 7pm. **NOW starts at 6:30 pm.**

Tuesdays, Elizabeth Ann Seton, 12700 W Howard Ave, New Berlin, formerly at 8:00 p.m. **NOW starts at 7:00 p.m.**

Gp 23, used to meet at 8pm. **NOW meets at 7:30 pm.** Wednesday at 74th and Lapham. West Allis.

Badger Gp. used to meet at 8pm. **NOW meets at 7:30 p.m.** Thursdays in Brookfield.

OPEN SPEAKER

Weekly & monthly speaker meetings listed in October 2018 When & Where

aamilwaukee.com/directory.html

Sundays at 10 a. Milwaukee Gp. 933 E Center St, Milwaukee WI, 53212

Sundays at 6:30 p. VA Hospital 5000 W National Ave 3rd Floor Unit 3A

Every Friday 7:00 p. Christ the King, 1600 N Genesee Rd Delafield

1st Tuesdays at 7:30 p. First Congregational Church, 1111 N Chicago Ave South Milwaukee

Wednesdays at 7:00 p. Salem United Methodist Church, 541 Hwy. 59, Waukesha

1st Saturday 8:00 p. 24 Hour Club Open Meeting, 153 Green Bay Rd, Thiensville.

1st Saturday at 7:00 p. Dist.12, Living Word Lutheran Church, 2240 Living Word Ln., Jackson WI 53037

2nd Saturday at 7:00 p. Dist. 34, St. Francis Episcopal Church, N84 W16525 Menomonee Ave, Menomonee Falls, WI

2nd Sunday at 11:00 a. Alano Club 318 W. Broadway, Waukesha,

3rd Sunday at 11:00 a. Friendship Club 2245 W. Fond du Lac Ave. Milwaukee, WI

3rd Saturday 8:00 p. HOW To Club 8930 W. National Ave, West Allis

3rd Saturday 8:00 p. New Day Club 11936 N. Port Washington Rd, Mequon,

5th Saturday 3:00 p. How To Club, 8930 W National Ave, West Allis

4th Friday 8:00 p. Imago Dei Church, 2327 N. 52nd St., Milwaukee 53210

Last Wednesday 7:30 p. Gp 23 First Lutheran Church, 7400 W Lapham St, West Allis

Tuesday’s at 7:00 p. March 29th, May 31st, Aug. 30th, and Nov. 29th, Christ the Servant Lutheran Church, 2016 Center Road, Waukesha WI 53189

Saturdays 7:30 p. Alano Club 1521 N. Prospect, Milwaukee.

Contact the Central Office via email: gmco@aamilwaukee.com, with changes.

MEETING ROOMS

12 STEP CLUB

4102 W Townsend St.
Milwaukee, WI 53216
(414) 871-0610

A.A. MEETING SCHEDULE

Wed. 11:00 a. Gp. 27
Fri. 11:00 a. Gp. 61
(12x12)
Sat. 10:00 a. Beginner's
7:00 p. Gp 6

CALL THE CLUB FOR INFORMATION ON OPEN A.A. MEETINGS, MEETINGS FOR OTHER FELLOWSHIPS and SPECIAL EVENTS.

Greater Milwaukee Central Office

7429 W Greenfield
West Allis WI 53214,
414-771-9119
(aamilwaukee.com)

A.A. MEETINGS

Mon. 12:15 p
4:00 p
Tue. 12:15 p
4:00 p
Wed. 12:15 p
4:00 p
Thur. 12:15 p
4:00 p
Fri. 12:15 p
4:00 p
Sat. 9:15 a. -
- Newcomer
10:30 a

LIGHTHOUSE ON DEWEY

1220 Dewey Ave.
Wauwatosa WI
AA MEETINGS

Sunday

6:00 p. Jim's First Step
7:30 p. Gp 78

Tuesday

6:00 p. 11th Step
Meditation Practice
7:30 p. Professionals

Wednesday

7:30 p. Big Book
8:00 p. "RES-IPSA"

Thursday

7:30 p. Alumni No 12

Friday

7:15 p. Gp 74

Saturday

10:00 a. Gp 59
7:00 p. Big Book Topic

Directory Changes

NEW MEETINGS

Sunday 6 p.m. 11th Step Prayer/Meditation, Rooted In Mindfulness Center, 4040 N Calhoun Rd Brookfield WI

Mondays 7:30 p.m. First Unitarian Society, 1342 N Astor St. Milwaukee, "**We Agnostics**".

Tuesdays at 6pm, Dry Hootch, 4801 W National Ave Milwaukee WI 53214

Wednesday at 7:00 p.m. Immanuel Church of Christ, 501 Walnut St., West Bend WI 53095

Wednesday at 7:30 p.m. New Leaf Sober Living, 6401 W Oconto Place, West Allis WI 53219

Thursday 6:30 p.m., Aurora Hospital, 975 Port Washington Rd., Grafton WI 53024

Friday at 7:00 p.m., Brentwood Church of Christ, 6425 N 60 St Milwaukee. WI 53223

Milwaukee Group

933 E Center St,
(River West)
Milwaukee WI 53212

A.A. MEETINGS

Sun. 10:00 a Open (Disc.)
8:30 p. Big Book
Mon. 5:30 p. Big Book
7:00 p. Open (1st Step)
8:30 p. Topic
Tue. 7:00 p. Open (Topic)
8:30 p. Open (Big Book)
Wed. 7:00 p. Open (Big Book)
8:30 p. Topic
Thur. 6:30 p. Open (Topic)
8:30 p. Step
Fri. 7:00 p. Beginner's
8:30 p. Open (Big Book)
Sat. 8:30 p. Topic

The "Clubs" and "Rooms" listed here are not A.A. Clubs. A.A. DOES NOT HAVE CLUBS!

A.A. neither endorses nor opposes such clubs. These are social clubs established by groups or individuals who are themselves recovering alcoholics. The A.A. group meeting at the club is available to any alcoholic - club member or not. The group is separate from the club and pays a fair rent for the use of the club facilities. Even though the group meets in a club that may be composed exclusively of A.A. members, and many members of the group may be club members, too, the relationship of the A.A. group itself to the club should be the same as it would be to a church, hospital, school, etc., in which it might rent space for its meetings.

(Continued from page 10)

alcoholism.

But then I saw something, a long paper I had written as part of my research project, my last paper in graduate school. I had worked on it for a year and a half and had finished it just 13 months before I found the Big Book and the gift of sobriety. The title related to a completely different subject and topic, but it said, and still says, everything about that last year of my drinking. I had titled the paper "The Prerequisites of Powerlessness."

I had to laugh at my amazing cluelessness, cry at my unbelievable arrogance and finally weep in sincere gratitude.

In those letters and notes full of loneliness and desperation, I saw how lost I was and how desperately I had been searching for an answer to my life. And yet I'd had no idea what the problem was, let alone the solution. I saw how ridiculously arrogant I had been in wondering where my Higher Power had been all those years of my drinking, for the answer had been there all along.

Recently, I returned to visit that valley of my youth. The river still loops the valley bottom, the cottonwoods are draped in their colors of autumn, orange and red and brown and gold. The

river still runs through the center of everything that was my world as a boy and I now understand that the deep blue silent mystery of that river still runs through the center of my life. It always has.

My Higher Power was always with me in my drinking years; I just couldn't see it because I wasn't looking for it. My focus was on other things that I thought would bring me happiness. And that is the wonderful answer I found in this particular quest, the gift of questioning my Higher Power's presence in my earlier life. This experience has given me a new understanding and appreciation for the gift of the Eleventh Step.

So today, this day in the autumn of my years, I didn't jump out of bed like I did as a boy, but I do feel that excitement, that presence in my life today. I remember that this day is a wondrous adventure. I get to start each day sitting quietly, seeking that deep blue silent mystery, that presence, which flows through everything in my life. Nearly every day, I also get to feel that presence in meetings and hear it in the life stories of my fellow travelers on the river of sobriety called AA.

-- Mike J.
Boise, Idaho

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November 1961

Tradition Week

Meeting Suggestions from some who previously observed Tradition Week.

Our Tradition meeting was held on Thanksgiving Day. We assigned one Tradition to each of 12 members. We gave them enough advance notice to acquaint themselves with the Tradition on which they were to speak. The meeting was different, enjoyable and educational and we felt that it was a success. Some members felt that we should have more of such meetings and it was suggested that one meeting each month could very well be devoted to the discussion of a Tradition. We open our regular meetings by reading the preamble and the 12 Steps and we have now decided to read the short form Traditions before closing each meeting.

-- J.B., Downey, California

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November 1950

MEETING ROOMS

NEW DAY CLUB
11936 N. Port Washington
Mequon, (262) 241-4673
<http://www.newdayclub.net>

A.A. MEETING SCHEDULE

Sun. 8:00 a. Topic
11:00 a. Topic
5:00 p. Young People
7:30 p. Topic

Mon. 12:30 p. Tenth Step Gp
5:30 p. More about Alcoholism
7:00 p.
8:15 p. Men's Gp

Tue. 10:00 a. Topic
5:30 p. Big Book
7:00 p. Beginners Gp
8:00 p. Big Book Gp

Wed. 10:00 a. Topic
2:00 p. Promises Meeting
5:30 p. Step Meeting
7:00 p. Women's Lifeline

Thr. 10:00 a. Topic Meeting
1:00 p. Women's AA Gp
5:30 p. Topic Meeting

Fri. 10:00 a. Topic Meeting
5:30 p. Step/Tradition
8:00 p.

Sat. 10:00 a. Step Meeting
5:00 p. Fellowship of Spirit
7:00 p. Feelings
10:00 p. Young People

8:00 p. Open Meeting (held on 3rd Saturday of month only)

AL-ANON MEETINGS
Monday 6:30 p. Al-Anon
Tuesday 1:00 p. Al-Anon/ACOA
Thursday 7:00 p. Al-Anon
Contact club for info on other fellowships.

PASS IT ON CLUB
6229 W. Forest Home Ave
Milwaukee WI (414) 541-6923
passitonclub.com

A.A. MEETING SCHEDULE

Sun. 8:00 a. Sun. Wake Up
9:30 a. Reliance Open Disc.
11:00 a. Today's choice
3:00 p. Gratitude Plus
7:00 p. Big Book Readers

Mon. 7:30 a. Jump Start
10:30 a. First Step
4:00 p. Happy Hour Step Gp.
7:00 p. Open Introductory AA
7:30 a. Comin' Back Gp

Tue. 10:30 a. Keep It Simple
4:00 p. Drop the Rock
7:30 p. Three Legacies
7:30 p. Double Trouble DD/O

Wed. 7:30 a. Big Book Study
10:30 a. Pass It On
4:00 p. Happy Hr Promises
5:30 p. Courage to Change
7:00 p. We, Us & Ours

Thr. 7:30 a. Welcome Back Gp
10:30 a. Made Decision
5:15 p. As Bill Sees It
6:00 p. How It Works Disc.
7:00 p. Gateway Topic Gp

Fri. 7:30 a. Honesty Gp.
10:30 a. Came To Believe
6:00 p. Women's Fri. Kickoff
6:30 p. Thoughts 4 Today
8:00 p. Broken Arrow

Sat. 8:30 a. Early Bird
10:30 a. Happy Joyous Free
3:00 p. Twelve Promises
3:00 p. How It Works Big

Book
8:00 p. Spanish Speaking
8:00 p. Back to Basics 12x12

AL-ANON MEETINGS

Sun. 11:00 a. (Alateen)
Wed. 7:00 p. Fri. 7:30 p.
Thr. 7:00 p. Sat. 10:30 a.

LAKE AREA CLUB
N60 W 35878 Lake Dr
Oconomowoc, WI
(262) 567-9912
www.lakeareaclub.com

A.A. MEETING SCHEDULE

Sun. 8:00 a. Early Bird
11:00 a. Friendship Gp
6:00 p. Big Book
8:00 p. Gopher Sunday

Mon. 9:00 a. Positive Attitude
6:30 p. Otter Gp
8:00 p. Step/Tradition Stdy

Tue. 1:00 p.
4:00 p.
7:00 p. Life House

Wed. 8:00 a.
10:00 a. Back To Basics
6:00 p.
8:00 p.

Thr. 10:00 a.
4:00 p.
6:00 p. Women's Group
8:00 p. Grapevine Mtng

Fri. 12:30 p.
4:00 p.
6:00 p. Non-smoking
8:00 p. Old School House

Sat. 8:30 a. 11th Step
10:00 a. Big Book
5:30 p. Perfect Time B/B

AL-ANON MEETINGS

Mon. 7:00 p. Al-Anon
Tue. 9:00 a. Al-Anon
Wed. 7:00 p. Al-Anon

OPEN SPEAKER MEETING
Sat. 7:00 p. 2nd & 4th Saturdays
(AA and/or Al-Anon Speakers)

MEETING ROOMS

WALWORTH COUNTY ALANO CLUB
611 Walworth St.
(Hwy. 50 & 11)
Delavan, WI 53115,
(262) 740-1888

Sunday AA
10:00 a. Primitive Group
12:00 Noon Open Speakers
6:30 p. Delavan Discussion

Monday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Step Meeting
6:30 p. Former Miss Americas (Women's Step Group)
6:30 p. Delavan Men's Meeting

Tuesday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Noon Gp.
6:30 p. Delavan 12 Step Topic

Wednesday AA
7:30 a. Sunny Side Up
12:00 Noon As Bill Sees It Gp.
6:30 p. Delavan IT Meeting

Thursday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Noon Gp.
5:30 p. Step Sisters Women
6:30 p. Delavan Big Book Gp.

Friday AA
7:30 a. Sunny Side Up
12:00 Noon Big Book Study
6:30 p. Delavan Discussion

Saturday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Noon Gp.
6:30 p. Delavan Beginners Gp.

ALANO CLUB 1521 N. Prospect Ave., Milwaukee, WI, 53202 (414) 278-9102
<http://www.alanofoundation.com>

A.A. MEETING SCHEDULE

Sun. 10:00 a. Gp 17 Step
4:30 p. Life Savers

Mon. 7:00 a. Early Morning
10:30 a. Gp 72 Topic
12:15 p. Big Book Meeting
6:30 p. Gp 40 Big Book

Tue. 7:00 a. As Bill Sees It,
10:30 a. Gp 70 Step
12:15 p. Gp 76
7:00 p. Beginners, 1st Step
8:00 p. (Big Book Study)

Wed. 7:00 a. AA
10:30 a. Gp 9, Step
12:15 p. Oasis Topic Gp
6:00 p. Chicks at Six Gp
7:30 p. AA
8:00 p. Gp 3, Step/Topic

Thr. 7:00 a. Big Book Meeting
10:30 a. Gp 97, Step
12:15 p. Here & Now Gp
5:00 p. AA
7:00 p. Sober and Out
7:00 a. Daily Reflections
10:30 a. Gp 21, Step
12:15 p. Gp 65
6:30 p. Here & Now
8:30 p. Gp 30 Tub Topic
12:15 a. Second Shifters (Sat.)

Sat. 11:00 a. Gp 87 Step
3:00 p. Spiritual Growth
7:30 p. Open Speaker
9:00 p. Here and Now
11:30 p. Late Night

AL-ANON MEETING
Sunday 10:00 a. Al-Anon

H.O.W. TO CLUB
8930 W. National Ave,
West Allis, (414) 543-2448
<http://howtoclub.info/>

M, W, F, Sat. 9 a. -11 p,
Tue Thr 9a. - 9p., Sun 8a to 9p.

Sun. 8:00 a. Eye Opener AA Gp.
10:00 a. Grass Roots (Steps)
4:30 p. Drop the Rock 6/7 Step
6:00 p. AA Topic Group
8:00 p. Sun. Sober & Serene

Mon. 11:00 a. Winner's Circle
5:45 p. Gp 132, Women's Gp
7:00 p. Big Book Gp.
8:00 p. New Hope Gp.
11:15 p. What's The Point

Tue. 11:00 a. Willingness Group
6:00 p. Tuesday Non-Smoke
7:00 p. Deaf/Hearing Impaired
8:00 p. 12 & 12 AA Meeting

Wed. 10:00 a. Foundations Meeting
6:00 p. AA Beginners Gp.
7:00 p. Women's Freedom
8:00 p. Promises Group
11:15 p. After Hours Gp

Thr. 10:00 a. But For Grace Of God
6:00 p. 6 PM Here and Now
8:00 p. How To Get It Going

Fri. 11:00 a. Priority Group
6:00 p. Big Book Group
8:00 p. R.U.S. For Us
11:15 p. Candlelight Promises

Sat. 9:15 a. Men's Topic
11:00 a. Pioneers Group
6:00 p. 1st & 12 Topic
8:00 p. HOW To Saturday
*(Open meeting on 3rd Saturday)

WAUKESHA ALANO CLUB
318 W. Broadway
Waukesha, WI
(262) 549-6541

A.A. MEETING SCHEDULE

Sun. 9:30 a. Sun Morn Sunlite
11:00 a. Sun Go-To-Mtng
(Open speaker 2nd Sunday & Breakfast)
7:00 p. (Open Step Gp)

Mon. 12:00 Noon
6:00 p. Beginners AA
7:00 p. (12 & 12)

Tue. 12:00 Noon

Wed. 12:00 Noon
5:30 p. Topic Gp

Thr. 12:00 Noon

Fri. 12:00 Noon T.G.I.F. Gp

Sat. 10:00 a. Gp 124
7:00 p. Closed Meeting

OPEN MEETINGS, DANCES & EVENTS
Call for information.

GALANO CLUB
- LGBT & All in Recovery -
7210 W Greenfield Ave
Suite 1, Lower Level
Milwaukee, WI 53214
(414) 276-6936
<http://www.galanoclub.org/>
galanoclub@gmail.com

MEETING SCHEDULE

Sun. 10:30 a. Step Topic

Mon. 7:30 p. Came To Believe

Tue. 6:00 p. 40 + Topic

Wed. 7:00 p. 12 x 12

Thurs. 7:30 p. Living Sober - ODAT

Fri. 7:00 p. Step/Topic

Sat. 7:30 p. Big Book & More

AL-ANON MEETINGS

Sun. 10:30 a. Al-anon

Meeting Space Available
See website for Club Events.
www.galanoclub.org

NORTHWEST ALANO CLUB*
N88 W17658 Christman Rd
Menomonee Falls WI
53051 (No Phone)

A.A. MEETING SCHEDULE

Sun. 7:30 p.

Mon. 7:00 p. Just Do It Gp
8:00 p. Action Gp

Tue. 10:00 a. Step
8:00 p. Topic

Wed. 8:00 p. Step/Topic

Thr. 10:00 a. Step
6:00 p. Women's

Fri. 8:00 p. Step/Topic

Sat. 10:00 a. Step
7:00 p. Simply Sober Gp

AL-ANON MEETINGS

Wed. 8:00 p. Al-Anon

Fri. 8:00 p. Al-Anon

*This Club is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.

24 HOUR CLUB
153 Green Bay Rd.
Thiensville, WI

A.A. MEETING SCHEDULE

Sun. 8:00 a. Topic
10:00 a. Step/Topic
5:00 p. Step

Mon. 6:30 a. Topic
10:00 a. Topic
8:00 p. Men's

Tue. 6:30 a. Topic
10:00 a. Step/Topic
5:30 p. Big Book

Wed. 6:30 a. Topic
10:00 a. Big Book
5:15 p. Women's

Thr. 6:30 a. Topic
10:00 a. Topic
5:30 p. Step/Topic/Trad
8:00 p. Men's 12 & 12

Fri. 6:30 a. Topic
10:00 a. Step/12 & 12
5:30 p. Principles
8:00 p. Step

Sat. 6:30 a. Topic
8:30 a. Big Book/Steps
10:00 a. Big Book

8:00 p. Open Speaker Mtng. (1st Saturday Only)

UNITY CLUB
1715 Creek Rd
West Bend, (262) 338-3500
unityclub1715@att.net

AA MEETING SCHEDULE

Sun. 10:30 a.** Gratitude Gp.
8:00 p. Candlelight Gp.

Mon. 10:00 a. Monday A.M.
7:00 p. Men's
7:00 p. Women's

Tue. 10:00 a. Tuesday A.M.
6:00 p. 1st 164 Big Book
7:30 p. Beginner's
8:00 p. Step Gp

Wed. 10:00 a. Promises
1:00 p. Steps/Promises
8:15 p. Step Gp

Thr. 10:00 a. Big Book
7:00 p. EZ Dozen 12x12

Fri. 10:00 a. Step/Topic Gp
8:00 p. * Step Gp.

Sat. 10:00 a. Here & Now
7:00 p. Big Book

AL-ANON & ALATEEN MTNGS

Saturday 9:00 a. Al-Anon
Thursday 7:15 p. Al-Anon

* Open Mtng. Last Friday of month
** Open Mtng. 3rd Sunday of month (10:30 a.m.)

FRIENDSHIP CLUB
2245 W. Fond du Lac
Milwaukee, WI
414. 931.7033
Email: friendshipinc@sbcbglobal.net

MEETING SCHEDULE

Sunday
10:00 a. Friendship
11:00 a. Third Sunday
Open Meeting

Monday
10:30 a. Step Gp

Tuesday
7:00 p. Gp 43 Big Book

Saturday
10:30 a. Gp 112 Step

Call for information on other types of meetings.
Email: friendshipinc@sbcbglobal.net